



We recommend checking off the list of tasks you would like your referred caregiver to provide.

**PERSONAL CARE**

- Bed bath/Sponge bath
- Shower/Tub
- Hair care
- Apply make-up
- Brush teeth
- Shave
- Assist with dressing
- Medication reminders  
(After medicines have been set up/dispensed by an RN or family member)

**COMPANIONSHIP**

- Take for walk
- Play games/cards
- Read to
- Errands
- Accompany to appointments
- Provide transportation  
(Caregiver is reimbursed at the current IRS Rate)

**NUTRITION**

- Menu planning
- Prepare meals/snacks
- Grocery shopping
- Assist feeding
- Feeding
- Encourage fluids
- Restrict fluids



**TOILETING**

- Assist to bathroom
- Assist to bedside commode
- Assist with urinal/bedpan
- Incontinence care
- Empty colostomy/catheter bag.  
(Caregiver is not able to assist with any other elements of colostomy or catheter care.)

**MOBILITY**

- Provide assistance with walking (ambulatory)
- Turn position in bed (bedridden)
- Transfer/Bed/Chair (wheelchair)
- Assist up and down
- Assist with home exercises
- Assist with range of motion exercises.

**SUPPORT SERVICES**

- Client's laundry
- Clean kitchen/dishes
- Take out trash
- Maintain bathroom cleanliness
- Maintain bedroom/vacuum/dust
- Maintain living area/vacuum/dust
- Make bed/change linens
- Oxygen turned on/off only